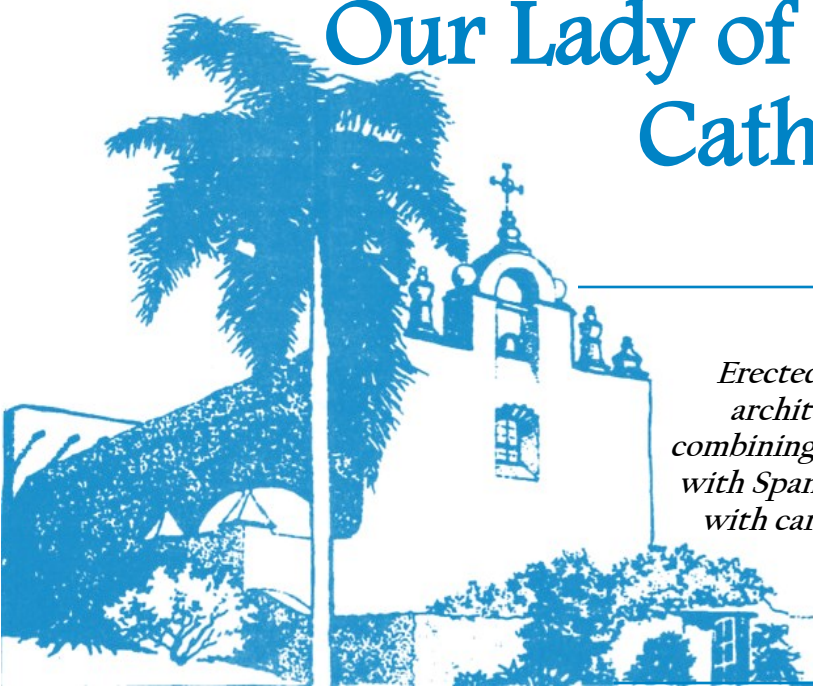


Our Lady of Mount Carmel Catholic Church



Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.

Monsignor Stephen Downes, Pastor
Father Maurice O'Mahony, Pastor Emeritus
Father Carrol O'Sullivan, Retired
Father Jack Shine, C.M., Weekend Associate

Rectory

1300 East Valley Road
Santa Barbara, California 93108
website: www.mtcarmelsb.com
email: dellastrada1300@gmail.com

Phone 805/969-6868
Fax 805/565-5959

Masses

Daily 7:45 AM
Saturday 7:45 AM Vigil Mass 4:30 PM
Sunday 8:00 AM. 10:00 AM. 12 Noon

Holy Day Mass Vigil Mass 5:30 PM

Mass Times on Holy Days
7:45 AM. 9:00 AM (*School Mass*) & 5:30 PM

Confessions: Saturdays 3:30- 4:15 PM **In Side Chapel**

Baptisms: 1st & 2nd Sundays of the Month

Religious Education

805/969-4868

Sister Kathleen Patrice, C.S.J. - Director
srkathleen@mountcarmelschool.net

Youth Minister/Confirmation Coordinator

Sarah Mack - Youth Minister 805/574-9941
olmcsb93108@gmail.com - Young Adult Ministry - MCYA
High School Confirmation - '*El Camino*'
Middle School Youth Group - '*The 'M&M's*'

Weddings

The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.

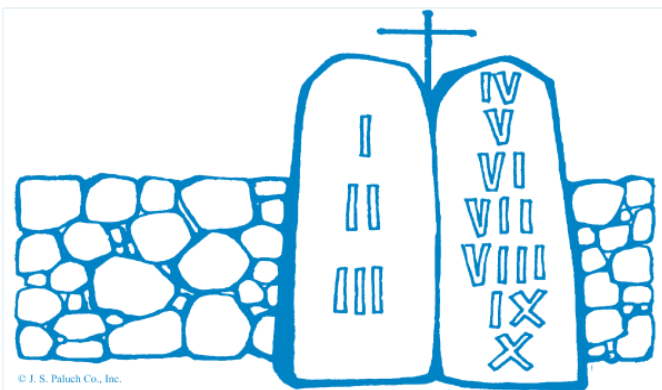
Please call the Rectory at least six months before the proposed date of marriage or email us at weddings@olmc-montecito.com for more information.

Our Lady of Mount Carmel School

805/969-5965

530 Hot Springs Road • Santa Barbara, 93108
Pre-K thru 8th Grade • Principal — Karen Regan
www.mountcarmelschool.net

Secular Order of Carmelites - Meets 2nd Sat. of each month
Evelyn Duimovich 805/969-3858



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The Third Sunday Of Lent MARCH 8, 2015

I, the LORD, am your God.....
You shall not have other gods
besides me.

Exodus 20:2a.3

FROM THE PASTOR'S DESK

© J. S. Paluch Co., Inc.

Fr. Steve

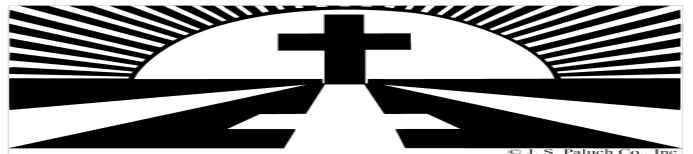
The Third Sunday of Lent

At the mid-point of Lent this Sunday, our readings call us "back to basics". In the First Reading from Exodus 20:1-17, we hear the Ten Commandments as given by God to Moses on Mount Sinai. They are unconditional commands or prohibitions. We must also see how God presents the Ten Commandments in a relationship of love, caring and forgiveness that began anew at the time of the Exodus: "I, the Lord, am your God, who brought you out of the land of Egypt...bestowing mercy down to the thousandth generation on the children of those who love me and keep my commandments." God cares, God saves, God invites, God wants his people to be close so much that he sends his Son who is "Christ crucified...the power of God and the wisdom of God" (Saint Paul tells us in the Second Reading from 1 Corinthians 1:22-25). This day in Lent is our time to turn back to God and walk in his ways with our whole heart and soul.

- Children from our Sunday morning Religious Education program will help us celebrate the 10:00 AM Mass this Sunday.
- Many thanks to all who responded to the Annual Appeal, Together in Mission. Thanks to your generous donations or four month pledges we have reached our parish goal of \$42,000 for the Annual Appeal. All funds go only to the 80 parishes and 63 parish schools that need help to provide the ministry of Christ in our own Archdiocese of Los Angeles. Many thanks and God's blessings on all.
- We invite you to come to daily Mass at 7:45 AM in Lent and the Friday Stations of the Cross at 6:00 PM followed by Soup Supper in the Parish Hall. You may sign up at the doors of the Church this Sunday to bring soup from home for the Soup Supper or call Sister Kathleen Patrice at 969-4868.
- May each day of Lent be a time to die to self and live more for God and for others!
- Easter Sunday is April 5th. Easter morning Masses at Our Lady of Mount Carmel will be at 8:00, 9:30 and 11:00 AM and 12:30 PM.
- Online giving is now available at Our Lady of Mount Carmel Church. Online giving is a convenient and safe way to make your donations which

(cont'd on top of next column)

show your love for God and his Church, especially if you are out of town or unable to come to Our Lady of Mount Carmel Church every Sunday. Just visit our parish website at www.mtcarmelsb.com and click on Giving (or DONATE) link/tab.



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Our Lady of Mount Carmel

WELCOME TO OUR LADY OF MT. CARMEL CHURCH

If you are visiting or new to our community, we are blessed that you are here to worship with us and we welcome you. Our Pastor, our Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our faith community and ministries, please call or stop by our Parish Office. Our office hours are Monday thru Friday, 8:30am- 12 noon and from 1:30pm - 5pm. Our office number is 805/969-6868.

Join us for cappuccino, coffee and donuts in the Side Courtyard, after the 10am Sunday Mass.

Online Giving

Our Lady of Mt. Carmel now offers Online Giving.

Convenient. Easy. Secure.

Sign up today at

www.mtcarmelsb.com

How great is God's love for us! Your generous giving shows your love for God and God's Church.

Parishioner Registration Form

Name _____
 Address _____
 City _____ Zip _____ Phone (____) _____
 email _____

Check One: New Parishioner New Address
 Would like Offertory Envelopes
 Moving out of Parish

Please place the form into the Offertory basket or bring it by the Parish Office.





Ministry Assignments

SATURDAY, March 7th

4:30 PM

Lector ~ Debbie Saucedo

Eucharistic Ministers ~ S. de Ponce, J. Casey & K. Flynn

Altar Servers ~ Paul Bitters, Luke & Riley Peterson

SUNDAY, MARCH 8th

8:00 AM

Lector ~ Alicia McFarlane

Eucharistic Ministers ~ D. & B. Crooks

Altar Servers ~ Luke Williams, Anna Braastad & Grayson MacLeod

10:00 AM

Lector ~ Religious Ed Student Lector

Euch. Ministers ~ M. Press, W. Gragg, B. Nielsen, E. Guadagnini, J. & M. Kelly, R. & M. Willmon

Altar Servers ~ Guiliana Ziliotto, Theo & Emmett Mack

12:00 PM

Lector ~ Peter Da Ros

Eucharistic Ministers ~ MB Tynan & G. Tejada

Altar Servers ~ Emma Coglizer, Natasha Huey & Makeila Cervantes



Mass Intentions

SAT. MARCH 7th

7:45 AM Netta Attile +

4:30 PM Louise Cote +

SUN. MARCH 8th

8:00 AM For Our All Our Parishioners

10:00 AM Dick Rechten +

12:00 PM C.T. Khouqaz +

MON. MARCH 9th

7:45 AM Eleanor Dobbins +

TUES. MARCH 10th

7:45 AM Dan Naretto +

WED. MARCH 11th

7:45 AM Louise Cote +

THU. MARCH 12th

7:45 AM Thomas Yates +

FRI. MARCH 13th

7:45 AM John Boyle +

SAT. MARCH 14th

7:45 AM George Gibbs +

4:30 PM Nancy Kirst +

SUN. MARCH 15th

8:00 AM For Our All Our Parishioners

10:00 AM Family Intention of SCSS

2:00 PM James Weinheimer +



Catholic Charities Food Pantry

Catholic Charities Food Pantry continues to need food for the homeless and those who have lost their jobs, especially during this holiday season! Your donations can be dropped off in the Vestibule of the Church or at the Rectory Office. Thank you for your generosity!

“Whatever you do for one of my brothers, you do for me.” Matthew 25:39

You Are Supported in Your Time of Loss

The Parish Staff & Clergy of Our Lady of Mt. Carmel Parish want you to know that we are here to serve you at the time you might suffer the loss of a loved one.

Please contact the Parish Office immediately upon the death of a family member so that we can begin to pray for you, your loved one, and make us aware of your needs in the coming days — (805) 969-6868.

Come, let us sing joyfully to the LORD.

Let us joyfully sing psalms to him.
Come, let us bow down in worship.

Please Pray For The Sick Of Our Parish

Bruce Albertson, Jack Jones, Jo Dushais, Rosemary Donohue, Patricia McNamara, Eric Lundy, Christopher Guadagnini, Tyler Hester, Dylan Swalley, Ann Rosecrance, Frances Maher, Maddie Press, the Borgatello Family, Mary McCormack, Marilyn Schuermann, Robert Munoz, Roger Cass, Jim Fuller, Susan Basler, Ritz Brunello, Francisco Ramos, Ruben Camacho, Domini Tarman and Richard Sharp.

Do you know of someone who is NO longer in need of being on our list? Wish to add immediate family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.



SHRINE CANDLES

Candles can be purchased in the Parish Office or from Oscar, our Parish Care-taker. The donation is \$4.00.



Here at OLMC Parish, we strive to offer our youth a place to "Belong, Believe, Become".



OUR LADY OF MOUNT CARMEL FAITH FORMATION PROGRAM *Instructing children in an enriching, loving, and learning environment.*

"El Camino"

High School Confirmation Group

We explore our faith & journey to The Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm in our Parish Hall.



Sessions & Gatherings

- ◇ March 8th 10am Mass - Virtus Session
- ◇ March 29th 10am Mass - Session on *The Sedar*

"Sanctus" High School Leadership Group

- ◇ March 20th – 22nd LA Urban Plunge

"M & M's"

Middle School Youth Group

Open to all 6th - 8th graders from ANY school. Meets on Wednesdays, 6:30pm - 8pm in Parish Hall



Upcoming Events

- ◇ March 27th & 28th 'UP ALL NIGHT' 3rd Annual Retreat @ St. Mary's
"So then let us not sleep, as others do, but let us keep awake." (1 Thessalonians 5:6)
\$35 per youth - Enjoy games, music & food!!
Contact Sarah Mack, our Youth Minister to RSVP!
- ◇ April 15th Study Break—Games, Snacks, Fun

"MC-YA" OLMC Young Adult Ministry"

Young Adult Night at Congress'

Saturday ◇ March 14th

Young Adult Mass ◇ 5:15pm

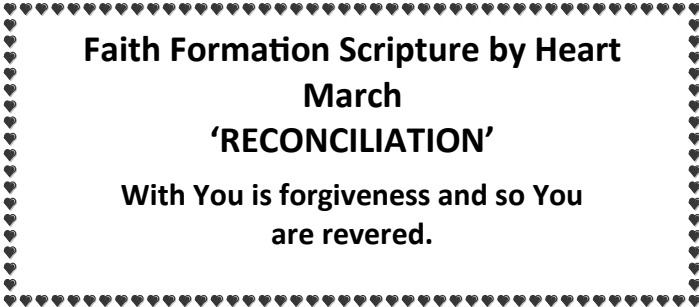
Celebrant — Fr. Mark Reeves

Liturgic Music — The Jacob & Matthew Band

Young Adult Dance

9pm — Midnight ◇ Anaheim Marriott

Please contact Sarah Mack Youth/Young Adult Minister for more details.



Faith Formation Scripture by Heart

March

'RECONCILIATION'

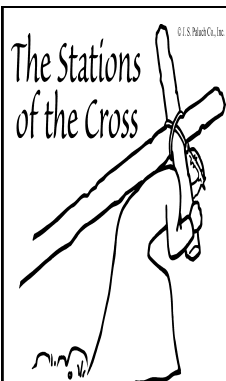
With You is forgiveness and so You are revered.

Safeguard Our Children
Teaching Children About Boundaries and Safe Touches is Healthy

Teaching children about boundaries and safe touches is not sex education. There are many safety issues we teach children: bike safety, water safety, fire prevention, driver's training, etc. Personal safety programs should have age appropriate lessons that give children the skills they need to protect themselves without frightening them. Keeping children unaware of the dangers around them does not keep them safe. Predators count on children not knowing what to do.

For more information, please visit:

<http://www.usccb.org/issues-and-action/child-and-youth-protection/faqs.cfm>



In the spirit of the Lenten Season, you are invited to

The Stations of the Cross & a Soup Dinner

Every Friday Evening
during Lent

Time: Stations at 6:00pm
(In the Church)

The Soup Dinner will be held in the Parish Hall.

Sign-up sheets to make soup are on the tables by all the Church doors or you can call Sr. Kathleen Patrice at 805/969-4868.

School News

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A Catholic Community

Our Lady of Mount Carmel School Community is a partnership of parents, students, staff and parish communities that nurtures the growth of the whole child in a Catholic faith-based education through a challenging academic environment.

In this Christ-centered atmosphere, the unique qualities of each student are recognized. Children are encouraged to be life-long learners, and are taught to be active Christian leaders throughout their lives.

Academics

OLMCS has a solid academic program including instruction in religion, mathematics, language arts, reading, science, social studies, technology, physical education, and an integrated fine arts program. OLMCS is accredited through National Catholic Education Association (NCEA) and Western Association of Schools and Colleges (WASC).



Monthly School Tour

THIS Tuesday, March 10th ♦ 9am
Pre-K thru 8th Grade

For more information, please call our School Office at (805)969/5965 or visit our website — www.mountcarmelschool.net.



GROUP LECTIO DIVINA
When : Every Friday Night
Time: 7pm to 8pm
Where: Spiritual Library

Catholic Road Trip Continues.....

Through the incomparable enthusiasm of Father Robert Barron --speaker, author, and theologian -- we **continue** to explore, be challenged, and even surprised by our Catholic Faith. **Join in and watch** the **acclaimed series 'Catholicism'** in our Parish Hall on Sundays, from 8:40am to 9:50 am.

For more information, please contact Sr. Kathleen Patrice at the Religious Ed Office, 805/969-4868 or Tina Lorge at 949/300-7980.

Catholic Relief Services Collection

Next week, our parish will take up the Catholic Relief Services Collection. This collection supports six Catholic agencies that touch more than 100 million lives around the world. The funds from this collection help provide food to the hungry, support to displaced refugees, and Christ's love and respect to all people.

Please give generously next week. Special envelopes can be found in the pews to be used at the one collection at Offertory time. **Help Jesus in disguise.**

OUR PARISH FINANCES

Many thanks to all for your generous contributions to our Church in the Offertory Collection each Sunday. Here is the report for the Offertory Collection on Sunday, February 14th/15th:

| | |
|----------------------------------|-------------------|
| Envelopes & Plate Collection | \$4,562.00 |
| <u>Donations for Maintenance</u> | <u>\$1,154.77</u> |
| Total | \$5,716.77 |

This was Presidents' Day week-end. Apparently, many people were out of town this week-end. As a parish we would be in major financial trouble if this happened on many Sundays. We have a new opportunity to give on online if you are out of town or unable to come to Our Lady of Mount Carmel Church every Sunday. Just visit our parish website at www.mtcarmelsb.com and click on Giving (or DONATE) link/tab.

Your generous giving in the Offertory Collection each Sunday is very important and funds all the parish worship, religious, educational and service programs of the parish.

Many thanks and God's blessings for your generous giving to God and his Church.

OLMC Youth/Young Adult "Wine Library" Raffle

Did you know that over 80 teenagers and 14 young adults take part in OLMC's Youth/Young Adult retreats, studies and events every month?

This Lent, we are having a raffle to raise funds to send as many students as possible to our summer retreats.

WIN an Entire Library of Fine Wines

& help raise funds for our youth retreat scholarship program.

\$5.00 per ticket



Tickets will be sold in the side-courtyard after the 4:30pm and 10 am Masses. Stop by and buy your tickets from Maribel & Sarah.

Winner will be chosen on April 12th.

(All donations are tax deductible. Winner need not be present to win.)



Our Parish would like to invite you to join us on a journey to Mexico on Saturday, April 25th, to build a home in one day for a family in Mexico. We will be under the guidance of Corazon, a non-profit, volunteer corporation designed to serve the poor. This is our 17th year of building homes with Corazon. (50 people are needed. Participants must be at least 18 years old and PASSPORTS ARE REQUIRED.)

We understand that not all of you can make the trip with us; however, you can still help us through your prayer and financial contribution. Since it takes \$9,000 to purchase all the necessary materials, your assistance would be greatly appreciated.

If you are interested in going to Tijuana on April 25th, please register on the website Corazon.org or call Sister Kathleen Patrice at 805/969-4868.

SAINTS AND SPECIAL OBSERVANCES

Sunday: Third Sunday of Lent; First Scrutiny;
Daylight Saving Time begins;
Girl Scout Sunday
Monday: St. Frances of Rome
Friday: Abstinence



Abstinence from meat is to be observed by all Catholics 14 years and older on Good Friday and all Fridays during Lent.

**WHOLE COMMUNITY FAITH SHARING
Week of March 8th ~ John 2:13-25**

Reflection: This Gospel shows Jesus as a passionate defender of God and His House. Jerusalem had turned into a place that had more to do with greed and other sins than with God. Jesus did what he could at the temple in Jerusalem and many came to believe, but Jesus knew very well the nature of man. We must constantly be vigilant to watch our thoughts and actions so that we don't slip away from God.

Question: Knowing that Jesus understands the human heart, how will I practice having a faithful heart as Lent continues?

Faith Response: I will contemplate why it is difficult or me to follow Jesus' laws, signs and words.

40 DAYS FOR LIFE DURING LENT

During the Lenten Season, you have the opportunity to participate in the International Campaign of '40 Days for Life' —a time of prayer and fasting to end the death of innocent babies by abortion. Please consider signing up to pray for just one hour each week during Lent in front of the Planned Parenthood Center on Garden Street. Please contact Rita Duley at 805.886.8555 or Molly Rosecrance at 805.455.5040 for more info and to sign up.



RECITATION OF THE ROSARY

The Rosary is recited everyday after the 7:45 am Mass. Please join us in the Main Church.

The Rosary is a special set of prayers to God that help us to remember the most important events in the lives of Mary and Jesus.

READINGS FOR THE WEEK

Monday: 2 Kgs 5:1-15b; Ps 42:2, 3; 43:3, 4;
Lk 4:24-30
Tuesday: Dn 3:25, 34-43; Ps 25:4-5ab, 6-7bc, 8-9;
Mt. 18:21-35
Weds: Dt 4:1, 5-9; Ps 147:12-13, 15-16, 19-20;
Mt 5:17-19
Thursday: Jer 7:23-28; Ps 95:1-2, 6-9; Lk 11:14-23
Friday: Hos 14:2-10; Ps 81:6c-11ab, 14, 17;
Mk 12:28-34
Saturday: Hos 6:1-6; Ps 51:3-4, 18-21ab;
Lk 18:9-14
Sunday: 2 Chr 36:14-16, 19-23; Ps 137:1-6;
Eph 2:4-10; Jn 3:14-21
Alternate Readings (Year A):
1 Sm 16:1b, 6-7, 10-13a; Ps 23:1-6;
Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]



The Art of Listening

If you want God to listen to you when you pray, shouldn't you listen to God when he speaks to you?

Treasures From our Tradition

Fasting may be a priority in your Lenten springcleaning regimen. Almost every religious tradition recognizes that fasting is a key to heightened spiritual awareness. You know this from your own experience. When you are engaged in a hobby, painting a room, keeping vigil near a delivery room, or standing watch at a sickbed, you may simply forget to eat. What you are doing so fills you that the intensity of the action is itself nourishing. In fasting from food, or drink, or habitual behaviors, you make room for what is truly important.

Even though Lenten Sundays stand apart from the Lenten fast, you will notice traces of fasting in our liturgy. We fast from singing the Gloria and Alleluia, we fast from flowers bedecking the altar, and there may be a noticeable drop in the number of infant baptisms as parents elect to wait until Easter. This hints that fasting is a prelude to feasting, and the vigor of our Easter alleluias is rich fare after a long silence. In the same way, even a small fast—no cream in the coffee, no pepper in the soup, no radio in the car—can not only point to deeper hungers, but help us rejoice more fully in the feast when we break our fast together.